



GOCCE DI RUGIADA
WELLNESS & BEAUTY SPA





Welcome to Gocce di Rugiada Wellness Centre & Beauty Spa

An unforgettable holiday offers the opportunity to relax with a view of our spectacular mountains. Enter our tranquil world where you will find space and balance for your mental and physical well-being!

Brunet The Dolomites Resort presents Gocce di Rugiada Wellness & Beauty Spa Centre. This 1500m² resort is equipped with a beauty centre, Sky Spa, sauna area, relaxation zones, fully equipped gym, indoor and outdoor heated swimming pool with whirlpool stations and a daily Aufguss programme.

In your room, you will find a handy spa kit as well as direct access to the wellness path.

Treat yourself to a break and experience the welcoming atmosphere and skill of our qualified Beauty Staff, ready to pamper you and help you choose the right treatment.

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General regulations

The spa is a place of tranquillity and silence. Therefore, we ask our guests to conduct themselves appropriately and respectfully.

Sauna area and Sky Spa

- Access to guests under 16 is prohibited.
- Access is discouraged in case of fever, angina and epilepsy. Use caution if you suffer from venous, cardiac or blood circulation-related diseases.
- It is mandatory to take a shower before entering the sauna.
- Please enter the sauna without swimsuit or slippers, using only the towels you find in your room or suite, and take care to always keep the towel under you. No part of the body should be in direct contact with the wood.
- Access to the spa is allowed only with clean slippers.

Gym

- The use of the equipment is permitted only to guests over the age of 16.
- Please enter with clean gym shoes.
- For hygienic purposes, please use a towel when utilising the equipment.

Pool

- The pool is monitored (non-continuously) via control systems and is 140 cm deep.
- It is not recommended to use the swimming pool less than three hours after eating a meal.
- Access is allowed only with clean slippers.
- Antifungal disinfection of the feet and a shower are mandatory before entering the water or the outdoor whirlpool.
- Children under the age of 12 must be accompanied by an adult.
- It is prohibited to dive, play ball, reserve deck chairs or take them to the garden.

Reservations

You can book beauty treatments directly at the reception of the Gocce di Rugiada Wellness & Beauty Centre by dialling 580 from your room or suite.

Delays

In case of delay, the treatment will be performed within the remaining time in order to allow the next guest to start on time. The total cost of the treatment will be charged.

Cancellations

In the event of a time change or cancellation of a treatment, we kindly request that you notify the reception staff of the Gocce di Rugiada Wellness & Beauty Centre at least 12 hours before the agreed appointment. If the communication is made less than 12 hours before the appointment, 50% of the cost of the treatment will be charged. In case of non-cancellation, the total cost of the treatment will be charged.



Opening times

**Panoramic sauna
(terrace)**

11:00 am - 19:00 pm

**Bio sauna and
Turkish bath**

14:30 am - 19:00 pm

Finnish sauna

15:00 am - 19:00 pm

Beauty

10:00 am - 19:30 pm

Sky Spa

10:00 am - 19:00 pm

Pool

09:00 am - 19:00 pm

Gym

08:00 am - 19:00 pm



New for 2023
New sauna area in Sky Spa



Body treatments

Soin Corps Exfoliant Sublime

A delicate exfoliating massage that helps detoxify the skin of the body and face, followed by intense hydration with relaxing massage techniques to boost energy levels.

60 min. € 80

St. Barth Softness peeling

A body and face cleanse that becomes a massage: with this treatment, relaxation is key. The result is silky soft and fragrant skin with Ligne St Barth products. This advanced line, which include exotic flowers and fruits, will take you straight to the Caribbean.

60 min. € 80

Back cleansing

Back cleansing treatment with detoxifying mud and massage.

50 min. € 70

Draining compress with lymphatic massage

Draining treatment suitable for those suffering from heaviness in the lower limbs, oedema, and water retention.

This cold compress with sea salts, combined with a lymphatic massage, optimises and promotes the elimination of water stagnation, offering an immediate sensation of lightness.

50 min. € 80



Soft Pack tub treatments

A heated water bed that boosts the effect of the treatments and increases the absorption of the active ingredients. The floating sensation offers an immediate relaxation of the muscles and distension of the spine: a pleasant and calming experience.

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Himalayan salt bath

This bath is perfect to regenerate your energy, freeing the body and mind from stress and excess tension. A micro-massage performed with the combination of precious oils and pink Himalayan salt (rich in minerals, trace elements and iron) will make your skin soft and silky. While you relax in a warm cradle, wrapped in a compress, all forms of fatigue disappear.

50 min. € 70

Vitalis Dr. Joseph hay bath

Hay baths are an ancient custom stemming from the farmers' habit of resting after a hard day of work. We recommend it as a regenerating and stress relieving body treatment. The initial peel intensifies the detoxifying properties, and the stimulating foot wrap is effective for muscle and joint pain.

50 min. € 70

Detoxifying mud treatment

A luxurious mud pack with an oxygenating and stimulating effect. This treatment fights stress by relaxing the muscles and purifying the body of toxins. The treatment begins with a salt scrub, offering a draining effect. This procedure is suitable any time of the year and is excellent combined with a relaxing full body massage or an anti-cellulite massage.

50 min. € 70

Warm cradle relaxation

A moment of complete relaxation to escape the stress of the daily routine.

With relaxing pack:

25 min. € 35

Without relaxing pack
(only cradle relaxation):

25 min. € 25

WishPro treatments

Try the new WishPro technology for a younger face without needles!
We highly recommend WishPro, a patented, non-invasive technique, long lasting, personalized and suitable for all needs:

- For young skin looking for solutions for blemishes
- For mature skin that seeks immediate rejuvenation

WishPro facial treatment

25 min. € 60

WishPro facial treatment

Btx or collagen

25 min. € 70

WishPro package

extreme anti-wrinkle

3 sessions € 150

- WishPro Peel Exfoliator
- WishPro compacting/firming
- WishPro Btx or collagen



Maria Galland facial treatments

MARIA GALLAND
PARIS

Total well-being of the skin for both men and women. Request a full beauty diagnosis: you will receive a free professional analysis for a targeted choice of the most suitable facial treatment..

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Soin Lumin' Éclat

Suitable to reduce the first signs of skin aging and for stressed and fatigued skin that needs illumination. The complex of 4 fragrant flowers (primrose, mimosa, violet and eyebright) offer a radiant complexion by smoothing and harmonising the texture of the face.

50 min. € 80

Soin Hydra' Global

Highly moisturizing and energizing treatment suitable for all skin types at any time of the year. The HYDRA² complex (Hyaluronic Acid Booster + Hyaluronic Acid) stimulates the natural production of hyaluronic acid and elastin, ensuring intense hydration and leaving the skin smooth and supple.

50 min. € 80

Soin Lift'Expert

Revolutionary anti-aging treatment for mature skin where the signs of aging are starting to show. An exclusive remodelling massage that plumps and firms, combined with innovative products to redefine the contours of the face and slow the skin aging process.

50 min. € 80

Soin Sensi'Repair

Recommended to meet the needs of sensitive skin with couperose or rosacea. In addition to offering intense relaxation, it soothes the discomfort of reactive skin and makes the skin more resistant to external aggression.

50 min. € 80

Soin Suprême Yeaux

A targeted and complete treatment for the delicate area around the eyes. A specific mask combined with a massage to smooth wrinkles, drain and reduce the signs of stress and fatigue in the eye area.

50 min. € 80





Facial Cleansing

This is not a typical extraction cleansing, but a genuine treatment that prepares, decongests and rehydrates, with minimal stress to the skin during extraction. Suitable for skin with impurities.

70 min. € 85

Facial treatments

Ligne St. Barth

Personalized all-natural facial treatment to restore vitality to the complexion using precious active ingredients from the Caribbean islands with deeply relaxing exotic scents.

The pink clay mask rehydrates and brightens dehydrated skin with signs of fatigue; the green clay mask purifies skin with impurities and excess sebum.

50 min. € 80

Natural Wellness

Ligne St. Barth



Scented notes for multi-sensory treatments. Immerse yourself in a world of light, fresh and delicate sensations with the treatments of Ligne St. Barth. A natural beauty line, with original recipes based on Caribbean flowers and fruits with unmistakable fragrances.

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St. Barth Sensation

Luxurious regenerating pack for intense body hydration. An aromatic relaxing massage intensifies the absorption of the products and removes all tension.

50 min. € 85

St. Barth Slimness

Relaxing full body massage with products and massage techniques aimed at the wellness and drainage of swollen and heavy legs.

50 min. € 85

St. Barth Harmony

Regenerating massage with natural products that work deep down, providing an intense relaxing sensation and improving skin tone.

50 min. € 80

St. Barth Special

A total immersion into heady exotic fragrances with Ligne St Barth products. A unique and enveloping experience that includes:

- Cleansing massage for silky skin using Caribbean sand, coconut oil, yogurt and papaya.
- Relaxing rehydrating full body massage with choice of your favourite Caribbean lotion.
- Personalized facial treatment (illuminating or detoxifying) with exclusive Ligne St Barth products.

130 min. € 250

Treatments for couples

A magical moment that will remain etched in the memory - and in the heart...The treatment is followed by a pleasant moment of relaxation with a drink to sip together. (The prices shown are per couple).

Aromatic massage

An enveloping and unforgettable couple's massage with warm oils and personalized essences. Enjoy a sensation of complete relaxation while sipping a drink in the lounge areas.

50 min. € 130

Just You and Me

An exclusive ritual to share with your sweetheart. Full cleansing and face / body massage with natural Caribbean products with the signature Ligne St. Barth fragrance.

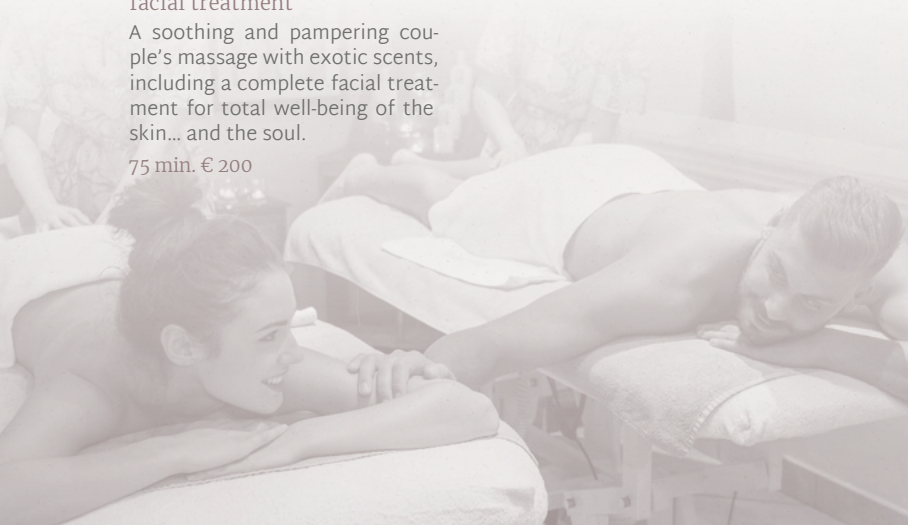
100 min. € 280

Sensation massage for couples with illuminating facial treatment

A soothing and pampering couple's massage with exotic scents, including a complete facial treatment for total well-being of the skin... and the soul.

75 min. € 200

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Alpine well-being Sinfonie di Primiero



Plants, flowers and scents of our valleys used in exclusive wellness treatments.

Fior di Panna well-being

Fior di Panna facial treatment
The exclusive Sinfonie di Primiero line produced with precious extracts and essences from our valleys. Ingredients include plants, flowers, and beneficial milk-based active ingredients such as the renowned highly regenerating, nourishing and firming Botiro butter. A facial treatment that is suitable for all skin types. The relaxing massage of hands and feet is unique and the fragrances of our mountains are unforgettable.

50 min. € 85

Fior di Panna body massage

Enveloping, relaxing, soothing and complete massage starting

with a stretching massage. "Sinfonie di Primiero" lotion is used, with selected extracts of our valleys: flowers, plants and the renowned Botiro di malga. Their fragrances and active ingredients lead to overall relaxation, regenerating, nourishing and elasticising the skin.

60 min. € 85

Fior di Panna ritual

The fragrances of the flowers and plants of our valleys in an unforgettable ritual that begins with a stretching massage combined with a highly regenerating and elasticising facial treatment, suitable for all skin types.

75 min. € 130

NEW!

Natural wellbeing

Seasonal peeling

Body cleansing performed with the bounty that Nature offers in every season. Plants and flowers from our valleys are the superb local elements rich in extracts and essences which, added to the natural Primiero yoghurt and precious oils, make up a unique high quality mix to regenerate the skin. The combined massage techniques will lead you to an unparalleled sense of relaxation.

60 min. € 90

NEW!

Arnica and mountain pine back massage

An alpine massage that begins with a rub with the essences of mountain arnica and pine, to warm up the muscles, followed by a de-stiffening session with wooden rollers and a massage with hot oil to relax tension.

25 min. € 40

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Glamourous Gocce di Rugiade

Exclusive Gocce di Rugiade treatments are aimed at total well-being. Hot lava stones are the key element in a sequence of personalized massage techniques for a unique experience where the focus is on relaxation.

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Glamourous face

Relaxing, illuminating, soothing, lightening and revitalizing are the elements that best describe this rehydrating facial ritual, accompanied by a relaxing massage with lava stones on the neck and feet.

60 min. € 85

Glamorous Body

Loosen muscle tension and stiffness caused by excessive stress with the skilful massage techniques alternating with the use of hot lava stones. Free your senses and reach a state of well-being for mind and body.

60 min. € 85

Glamourous Welcome

A sequence that begins with relaxing massage techniques with oil and hot stones on the back and neck, concluding with a detoxifying foot treatment and foot massage. A ritual to bring you back to a state of complete balance.

60 min. € 85



Classic and special massages

Classic back

25 min. € 35

Facial massage

25 min. € 35

Classic massage

50 min. € 70

Modelling for
the circulatory system

Specifically designed to combat cellulite, localized fat deposits and poor tone, using concentrated active ingredients with a shock effect.

50 min. € 70

Cold legs Massage

The alternation of a cold stone and the warmth of the hands contracts the blood vessels to help drain and lighten swollen legs.

30 min. € 45

Hot back massage

The use of hot stone and balsamic oils preceded by neuro-relaxing massage techniques to de-stiffen, relax and release muscle tension in the back and neck area.

30 min. € 45

Classic legs

25 min. € 35

Child's massage

25 min. € 35

Relaxing with warm
aromatic oils

50 min. € 75

Poles massage
(head, hands and feet)

A holistic massage treating the extremities of the body (head, hands and feet) to restore energy balance and offer feeling of total lightness.

25 min. € 40

4 hand massage

This massage frees the mind and offers lightness to the body, enveloped in a feeling of complete relaxation.

50 min. € 110

Special massages

Vitalis Dr. Joseph

Vitalis Massage Resonance - Abdomen

A specific massage aimed at abdominal discomfort: swelling, constipation and tension. An exclusive Dr. Joseph method that uses the cupping technique combined with the resonance of Tibetan bells to help intestinal activity find the right balance through relaxation.

35 min. € 55

Vitalis Massage Resonanz - Back

The synergy of ancient techniques including massage, cupping and resonance with Tibetan bells allows you to achieve perfect harmony between body and mind, helping to loosen the back muscles.

50 min. € 70

Vitalis Massage Resonanz - Cellulite

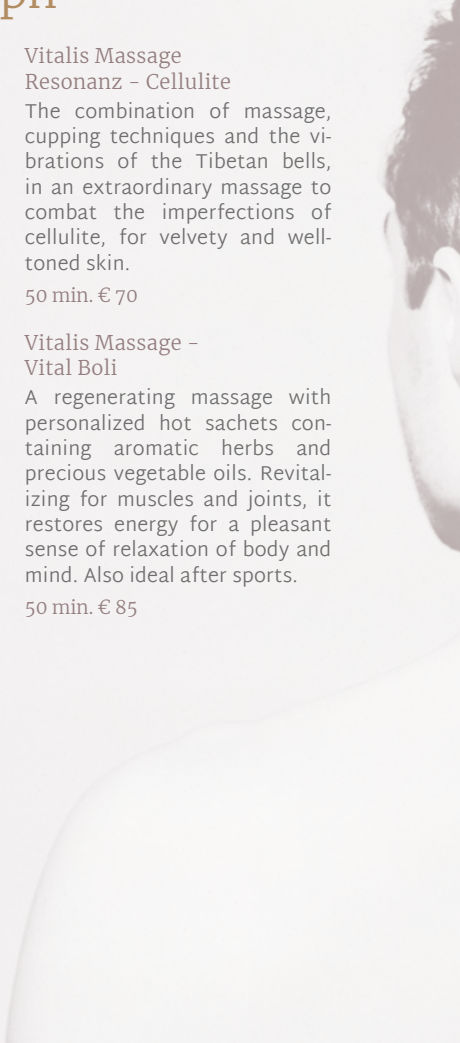
The combination of massage, cupping techniques and the vibrations of the Tibetan bells, in an extraordinary massage to combat the imperfections of cellulite, for velvety and well-toned skin.

50 min. € 70

Vitalis Massage - Vital Boli

A regenerating massage with personalized hot sachets containing aromatic herbs and precious vegetable oils. Revitalizing for muscles and joints, it restores energy for a pleasant sense of relaxation of body and mind. Also ideal after sports.

50 min. € 85



A person is shown from the back, receiving a massage on their upper back. The hands of the masseuse are visible, applying pressure to the muscles. The lighting is soft and focused on the massage area.

Ayurvedic treatments

Ayurveda massage

Ayurveda comes from the ancient Indian philosophy: the science and knowledge of life that considers the human in their entirety as a source of energy in continuous transformation.

An enveloping massage to offer psycho/physical rebalancing.

50 min. € 80

Shirodhara

From the Ayurvedic discipline, a steady flow of warm oil on the forehead, preceded by a massage that pays particular attention to energy rebalancing. At the end, a scalp massage will help free the mind from anxiety and tension, while the sound of the Tibetan bells will awaken you from your deep relaxation.

70 min. € 120

Beauty treatments

Hand beauty treatments

Manicure with application normal nail polish
€ 25

Hand or foot nail polish change
€ 13

Application of semi-permanent nail polish to hands or feet
€ 30

Semi-permanent nail polish removal with application of base polish only
€ 18

Application of semi-permanent hand polish with manicure
€ 40

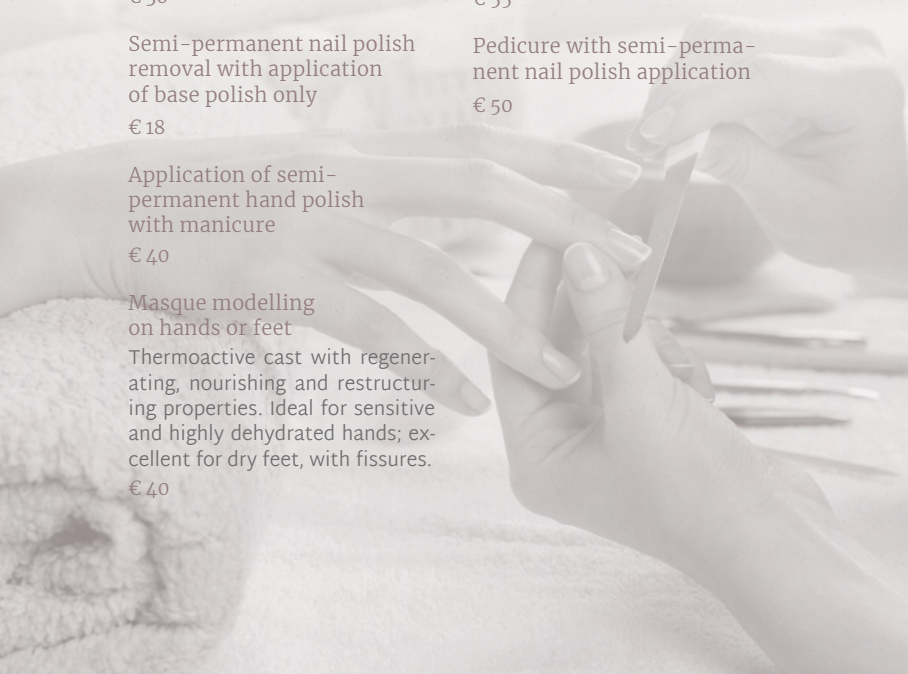
Masque modelling on hands or feet
Thermoactive cast with regenerating, nourishing and restructuring properties. Ideal for sensitive and highly dehydrated hands; excellent for dry feet, with fissures.
€ 40

Foot beauty treatments

Pedicure with regular nail polish
€ 35

Extra pedicure for very demanding feet
The treatment includes a complete pedicure followed by peeling and nourishing wrap with absorption massage. Great for feet with dryness and calluses.
€ 55

Pedicure with semi-permanent nail polish application
€ 50



Depilation

Arms
depilation
€ 17

Complete leg depilation
including bikini area
€ 40

Leg depilation
€ 30

Half leg depilation
including bikini area
€ 30

Half leg depilation
€ 20

High cut bikini
area depilation
€ 15

Total bikini
area depilation
€ 18

Underarm or
eyebrow depilation
€ 8

Upper lip
depilation
€ 5

Back depilation
€ 22

Chest
depilation
€ 18

Extras

Low pressure body solarium
(minutes based on phototype)
€ 15

Exclusive Rituals

...for him

- Partial massage (25 min.)
- Hot back massage (30 min.)
- Personalized facial treatment
- Ligne St Barth (50 mins)

€ 160

...for her

- Soin Corp exfoliant sublime: delicate exfoliating face and body massage followed by relaxing massage techniques to regain lost energy (60 min.)
- WishPro facial treatment with massage (50 min.)

€ 160

...for mum

- Face Glamour: rehydrating facial ritual accompanied by a relaxing massage with lava stones on the neck and feet (60 min.)
- Massage of the poles, for relaxation and rebalancing (25 min.)

€ 120

...for kids

- Scented oil massage (25 min.)
- Pampering and well-being in the Soft-Pack hot water cradle (25 min.)

€ 50

24+





Beauty Day

Book a day of total well-being at the Wellness & Beauty Spa Gocce di Rugiada, where you can relax in the various relaxation areas while admiring the wonderful surrounding Dolomite landscape. Choose one of the proposed treatments; it will be like reaching a sensation of total lightness: thoughts disperse and the soul finds peace.

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Beauty Day sensations of the Dolomites

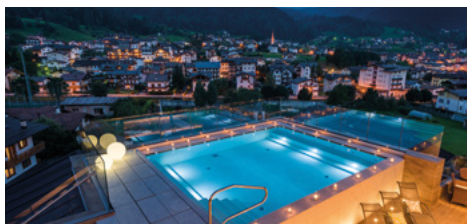
- Full body relaxing massage with perfumed oils (50 min.)
- Facial treatment complete with mask (25 min.)
- Daily entrance to the Spa on the day that the treatments are performed
- Light lunch

€ 130

Beauty Day freshness of Lagorai

- Relaxing and revitalizing detoxifying treatment, excellent for regenerating the skin and relieving muscle tension; the precious emulsion based on coconut oil and flavoured salts will be massaged all over the body and then left to act in the water bed for a draining and relaxing action on the entire spine.
- Relaxing full body massage for 25 min.
- Daily entrance to the spa on the day that the treatments are performed
- Light lunch

€ 130





Day entry
to our spa
40 €



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